

The health of trans people in Australia is in a state of crisis. While it is true that some trans people are living healthy and happy lives, this is not true for all.

## MENTAL HEALTH

Trans people:

- Are 4 times more likely to have ever been diagnosed with depression
- Are 1.5 times more likely to have ever been diagnosed with an anxiety disorder
- 57% had been diagnosed with depression at some point in their lives
- 44% were currently being treated for depression
- In those taking hormone therapy :
- 39% experienced depression compared to 58% of those who weren't undergoing hormone therapy but wished to do so

## DISCRIMINATION

Almost 2 thirds (64%) experienced at least once instance of discrimination ranging from social exclusion to violence and assault

Source: Hyde Z, Doherty M, Tilley PJM, McCaul KA, Rooney R, Jancey J (2014) *The First Australian National Trans Mental Health Study: Summary of Results*. School of Public Health, Curtin University, Perth, Australia.

## Goals

1. To improve the health and well-being of trans and sex and gender diverse people in Queensland.
2. To build on past and current initiatives and the existing strengths and resources of trans and sex and gender diverse people.
3. To remain responsive to the self identified needs of the community.
4. To empower trans and sex and gender diverse people to be involved in and have control over their own health and well-being.
5. To raise awareness of trans and sex gender diverse health issues in Queensland.

## CONTACT

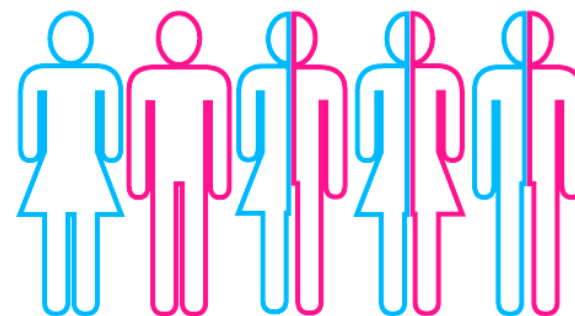
Parker (MGOV Coordinator)

P: 07 3017 1715

E: [manygendersononevoice2015@gmail.com](mailto:manygendersononevoice2015@gmail.com)

FB: <https://www.facebook.com/Many-Genders-One-Voice-983516681727546/?fref=ts>

# many genders



# one voice

[www.manygendersononevoice.org/](http://www.manygendersononevoice.org/)

## Websites of Interest

**Australian Transgender Support Association Queensland Inc.**

[www.atsaq.com](http://www.atsaq.com)

**Changeling Aspects**

[www.changelingaspects.com/](http://www.changelingaspects.com/)

**FTM Australia**

[www.ftmaustralia.org](http://www.ftmaustralia.org)

**Hudson's Guide**

<http://ftmguide.org/>

**Open Doors—Jellybeans**

(for 12-24 year olds)

[www.opendoors.net.au/](http://www.opendoors.net.au/)

**Gender Centre (New South Wales)**

[www.gendercentre.org.au/index.htm](http://www.gendercentre.org.au/index.htm)

**Laura's Playground**

[www.lauras-playground.com/](http://www.lauras-playground.com/)

**Lynn Conway**

<http://ai.eecs.umich.edu/people/conway/>

**Gender Trust**

<http://gendertrust.org.uk/>

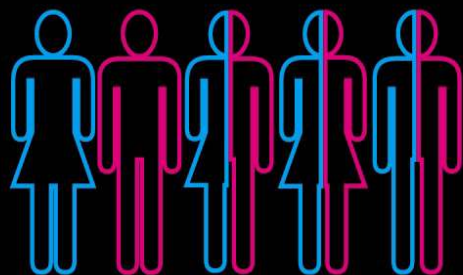
**Transgender Care**

[www.transgendercare.com/](http://www.transgendercare.com/)

**LGBTI Legal Service**

[www.lgbtilegalservice.org/](http://www.lgbtilegalservice.org/)

# many genders



# one voice

## VISION

A future society where sex and gender diverse people are revered as valuable members of society, our diversity is seen as valuable to organisations, communities, in leadership roles and in relationships and a future where there is no shame or discrimination of diverse sex and gender people.

## Social Media

**TBar**

(Every 3 Months)

[www.facebook.com/TBarclubnight](http://www.facebook.com/TBarclubnight)

**QTs for Tboys**

(2nd Sat of the Month)

[www.facebook.com/groups/QTBOYS/](http://www.facebook.com/groups/QTBOYS/)

**People, Not Gender Stereotypes**

[www.facebook.com/groups/434149310067394/](http://www.facebook.com/groups/434149310067394/)

**Trans Partner's 'n' Friends Discussion Group**

[www.facebook.com/groups/327658667265101/](http://www.facebook.com/groups/327658667265101/)

**Trans People Accommodation of Queensland**

[www.facebook.com/groups/TransMenTransWomenAccommodationQLD/](http://www.facebook.com/groups/TransMenTransWomenAccommodationQLD/)

**Diversity Queensland**

[www.facebook.com/groups/341721975972590/](http://www.facebook.com/groups/341721975972590/)

**Wickham Women**

[www.facebook.com/groups/wickhamwomen/](http://www.facebook.com/groups/wickhamwomen/)

**Brisbane**



**Gender Clinic**

**Brisbane Gender Clinic**

[www.brisbanegenderclinic.org.au](http://www.brisbanegenderclinic.org.au)